



Serving Only  
Hormone Free Milk

# Lunch Menu

Due: \_\_\_\_\_

Please circle **EITHER** meal that is in **bold**

LAST NAME      FIRST NAME      GRADE      TEACHER

letters on any given day.

# LUNCHESES ORDERED : \_\_\_\_\_ X \$3.25 (Full) \$ .40 (Reduced) = \_\_\_\_\_

Check # \_\_\_\_\_ Payschool conf # \_\_\_\_\_

| Monday   | Tuesday  | Wednesday                                 | Thursday                                  | Friday |
|--|--|---|---|--------|
| <b>Milk Selections</b><br>Choice of 8oz Milk Offered Daily<br><b>1% Plain</b><br><b>Fat Free Plain</b><br><b>Fat Free Chocolate</b><br><br><b>Fresh Fruit Selections</b><br>1c of Fresh Fruit Offered Daily<br><b>Apple</b> <b>Banana</b><br><b>Pear</b> <b>Orange</b> | 1  | 2   | 3   | 4      |
| 7  | 8  | 9   | 10  | 11     |
| 14   | 15   | 16  | 17  | 18     |
| 21   | 22   | 23  | 24  | 25     |
| 28   | 29   | 30  | 31  |        |
| <b>Cheeseburger</b><br>on Whole Grain Bun  | <b>Breaded Chicken Sandwich w/<br/>                     Sauce of the Day</b><br>on Whole Grain Bun | <b>Chicken Fajitas</b><br>on WG Tortillas | <b>Chicken Parmesan</b><br>Over WG Rotini |        |
| Chilled Baby Carrots with Ranch  | Savory Baked Beans   | Seasoned Corn                             | Garden Salad                              |        |

This institution is an equal opportunity Provider

## Cool Off with Water!

During the long hot days of summer what better way to cool off then with an ice cold glass of water. Your body has lots of important jobs and it needs water to do many of them.

**LINTONS**  
Food Service Management

[www.lintons1.com](http://www.lintons1.com)

Halal & Kosher Menu options available upon request

Make your Plate a Healthy Plate.  
Keep Moving and Keep Hydrated with **Water**

